

Ashwood Recovery Daily Schedule – for all ADULT programs

	PHP	DIOP	IOP	OP	Cont. Care	Alum/CODA
Monday	1 pm – 4 pm 6 pm – 9 pm	9 am – Noon	6 pm – 9 pm	7:30 pm – 9 pm <i>Track 1</i>		
Tuesday	9 am – Noon 1 pm – 4 pm			6 pm – 7:30 pm <i>Track 2</i>		6 pm – 7 pm ALUM 6 – 7:30 pm CODA (family only)
Wednesday	1 pm – 4 pm 6 pm – 9 pm	9 am – Noon	6 pm – 9 pm	7:30 pm – 9 pm <i>Track 1</i>	6 pm – 7:30 pm	
Thursday	1 pm – 4 pm 6 pm – 9 pm	9 am – Noon	6 pm – 9 pm <i>family night every other</i>	6 pm – 7:30 pm <i>Track 2</i>		
Friday	9 am – Noon 1 pm – 4 pm					

1. Your counselors name is: _____

2. You are scheduled to complete orientation and treatment planning on: _____ at _____ AM/PM.

3. You are scheduled to begin treatment groups on: _____ at _____ AM/PM.