

Our Mission & Philosophy

Ashwood Recovery is dedicated to helping families and individuals in crisis as a result of addiction, alcoholism and co-occurring disorders. It is our commitment to remain passionate about helping our clients and their families find recovery. Our mission is to provide the same care we would want for our own family members.



What is Ashwood Recovery?

Ashwood Recovery is an independent outpatient treatment program located in Boise, Idaho. We provide services for substance use disorders, co-dependency, adults, adolescents and families. Our eclectic, holistic, client centered approach has helped men, women and teens move out of crisis and into recovery. Our specialized, professional team truly understands addiction, co-dependency, mental health disorders, trauma and what it takes to recover.

At Ashwood we assess each client's needs and customize a program that balances their treatment with personal and professional commitments. Throughout the course of treatment, our clients learn recovery skills and how to integrate them into daily living. Trust Ashwood Recovery to help you reclaim your life today!



Our Services

- Day Treatment Program
- ▶ Intensive Outpatient Program
- Specialized Adolescent Program
- Co-Dependency Group
- Teen and Parenting Support Groups
- Assessments
- Individual Counseling
- Continuing Care
- Psychiatric & Med Management

Why Outpatient Works

Outpatient treatment affords a unique opportunity for clients to start the recovery process and learn to cope with stressors head-on. Our program effectively teaches individuals how to implement recovery in a lasting and meaningful way.

Family Support at Ashwood

Ashwood Recovery provides a safe place for families to explore how addiction has impacted their lives. Family involvement helps create new family dynamics and supports the client in recovery.

Get the help you need today.

(208) 906-0782 www.ashwoodrecovery.com

We Accept Most Insurance!





Providing Specialized Care for Adults with Substance Use Disorders and Co-Occurring Issues in Boise, Idaho.

(208) 906-0782

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